

## HOW TO SELECT A PHYSICIAN

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Dr. Tim Kremchek is a board certified orthopaedic surgeon with a strong interest in the use of the arthroscope for the shoulder, elbow, hip and knee. Because of his stellar experience with high school, college and professional athletes, he now offers hip arthroscopy as an option for your nagging hip pain. Having trained in Minnesota and Boston, Dr. Kremchek brings this new technology to patients at the Beacon Surgery Center located in Sharonville.

For more information on-line visit:

**[www.beaconortho.com](http://www.beaconortho.com).**

## SIGNS AND SYMPTOMS

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You may be a candidate for hip arthroscopy if you are experiencing any of the following symptoms:

- Pain in hip or groin area
- Catching sensation around the hip
- Trouble getting in and out of a car
- Weakness or fatigue of the hip muscles



Dr. Tim Kremchek

## GOLF, TENNIS, BASEBALL

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Do you participate in a sport? It is documented that running, squatting or repeated bending activities cause the hip and lower extremities to be overworked and have a long-term effect on the hip and knee joints. Hip pain hurts. Find the cause and treat it. A simple procedure, such as a plain x-ray or MRI, will give us the information we need to know. Hip arthroscopy is the last step we take.

## WHAT IS THE AGE FOR THE BEST RESULT FROM A HIP ARTHROSCOPY?

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You can be a college catcher or an athlete who participates in the senior Olympics. If your x-rays show early signs of osteoarthritis, a hip arthroscopy may be a good choice for you. Our main goal and yours too is to resume the same level of activity prior to onset of hip pain.

## HOW DO I SCHEDULE AN APPOINTMENT FOR MY HIP?

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Call today for an appointment, arrange for a complete evaluation allowing time for specific imaging along with the exam. Bring shorts or comfortable clothing. Most imaging procedures are done the same day as your evaluation with Dr. Kremchek. Approvals of procedures are required by most insurance plans.

To schedule an appointment

**Call 513-354-3700**

or contact us via our web site:

**[www.beaconortho.com](http://www.beaconortho.com).**

# IS HIP ARTHROSCOPY FOR YOU?

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Timothy E. Kremchek, MD  
Beacon Orthopaedics and Sports Medicine  
500 E Business Way  
Cincinnati, OH 45241  
513-354-3700  
Visit: **[www.kremchek.com](http://www.kremchek.com)** or  
**[www.beaconortho.com](http://www.beaconortho.com)**