



# BEACON

Orthopaedics & Sports Medicine

**PRESENTS**

**“FIRST PITCH: TAKING THE FIELD IN 2010”**

**A BASEBALL COACH'S SYMPOSIUM  
FEBRUARY 8TH, 2010 6:30 - 9:15 PM**

**BEACON ORTHOPAEDIC SPORTS MEDICINE CENTER **SUMMIT WOODS**  
• 500 E-BUSINESS WAY • CINCINNATI, OHIO 45241 •**

**PLEASE RSVP TO JAYNE WALKER AT 513.354.3728 OR EMAIL JWALKER@BEACONORTHO.COM**

**WE WILL NEED YOUR FULL NAME, ADDRESS, SOCIAL SECURITY NUMBER AND PHONE NUMBER.**

## **FEATURED SPEAKERS INCLUDE:**

### BEACON TEAM PHYSICIANS:

**TIM KREMCEK, MD**

**HENRY STIENE, MD**

**MATT DAGGY, MD**

### BEACON PHYSICAL THERAPISTS:

**TROY MERCKLE, PT, CSCS**

**CHRISTY SCHUCKMAN, PT/ATC**

**JOHN WALKER, MPT, CSCS**

### D1 SPORTS TRAINING:

**NICK CONNOR, CSCS**

**WILL MIEDING, CSCS**

**THE SYMPOSIUM IS FREE! TO COMMITTED YOUTH, RECREATIONAL LEAGUE AND HIGH SCHOOL COACHES.**

**THIS CLASS WILL SATISFY THE SUPERVISED PUPIL ACTIVITY VALIDATION CERTIFICATION THAT EVERY HIGH SCHOOL COACH IS REQUIRED TO HAVE BY THE STATE OF OHIO EDUCATIONAL DEPARTMENT**

## **TOPICS TO BE DISCUSSED WILL INCLUDE:**

**EMERGENCY PLANNING AND CARE, INJURY PREVENTION, INTERVAL THROWING PROGRAMS, PROPER NUTRITION & HYDRATION AND DYNAMIC WARM-UP TRAINING  
(PLEASE WEAR WORK OUT APPROPRIATE CLOTHING TO THE SYMPOSIUM)**

